

Lessons from the Journey... “The Value of BOSS (Building Our Sons)”

By Heather Hetheru, Personal Change Coach

Good Day Good People!

Backstory:

Motherhood is a job! Making this statement and the aspects of this role as a job is not to be taken lightly. The changes of a woman body, during and after pregnancy while an incredible and amazing process, can change her life forever. I would like to illuminate the job of motherhood and Mothers (and Grandmothers) who BOSS (Build Our Sons). As with most jobs there are risks. Some risks include physical, mental and/or emotional risks while others may include financial, relationship, and/or facing the unknown. Whatever the risks we take it and bring forth into the world a new life. There are only 2 gender options for that new life; girl (XX) or boy (XY). Girls are copies of their mothers by having the same XX female chromosome while boys are carry a copy of their fathers XY chromosomes for males. Since all fetuses begin as female; the change from male to female is a very special act of creation (but I will save that discussion for another day).

Intention of Action:

The importance of mothers and grandmothers Building Our Sons is critical to creating the pool of good men available to become husbands and fathers now and in the future. Often as mothers, we shower our sons with the love that we one day want to receive from them. We have the expectation to be understood and acknowledged; for our commands to be followed immediately and without question. After all, mothers know best. Right? As parents, men and women, have a tendency to forget that we are not the creators of this new life that was brought into the world. We are however, co-creators (facilitators of sorts) in the process of conception and incubation. This is indeed a necessary revelation in the job of motherhood. Recognizing that parenting is a stewardship and not an ownership is sometimes difficult when we believe that we possess and own our children.

Solutions for Consideration:

Resources:

Share my “lesson for the journey” through one of my lessons for the journey books (Amazon), view YouTube videos, and/or My Secret Chamber podcasts by visiting yourinspiredjourney.com.